

Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Special Nutritionals

ARMS#

13202



3 - OUTPATIENT

000001

11/11/98

Chart # [REDACTED]

[REDACTED] been having abdominal pain for the past two and a half years. She states that it starts around the time of her period. This present episode started two weeks ago after the end of her last period. She describes it as crampy and across her lower abdomen. She denies vaginal discharge. No GI complaint.

PX: Her abdomen is benign. No CVA tenderness. No distress. Chest is clear. Stool for occult blood negative. Urine 2+ protein. Blood was drawn for CBC sed. rate LFT's, BUN and creatinine. She will be followed by her gynecologist in the clinic at [REDACTED]

[REDACTED] She was supposed to follow up there for a repeat pelvic ultrasound. She indeed has ovarian cysts however, has been negligent in following up. She was referred back to clinic for pelvic and further evaluation including ultrasounds.

[REDACTED]

Date 11/16/98 Age Wt
P BP 122/74 Meds

Nurse

11/16/98

Pt. is a 22 yr-old girl who comes to the office for f/u of abdominal pain and elevated creatinine. It appears that she has been having this pain for the last 1½ weeks. She describes it as right flank pain, with some tenderness on palpation over the posterior ribcage, spreading around to her entire abdomen. She also notes constipation, having moved her bowels once only in the last week. She has also been very thirsty and notes polyuria. She denies any other complaints at this time. No fevers, no dysuria and no vomiting. She gets these episodes periodically. Her last one was 3 mos. ago. She is on no medications other than Triphasil birth control pills. She did use some OTC diet pill a week prior to the onset of her symptoms, but she denies any other OTC medications, particularly NSAID's or diuretics. There is family Hx of diabetes in her grandparent and gestational diabetes in her Mom. No family Hx of renal disease or autoimmune-type disorders. No other complaints.

PX: On exam, she appears alert and oriented. No obvious distress. She is afebrile. BP is 122/74. She does have some tenderness on palpation of the posterior ribcage. Her abdomen is otherwise soft with normal bowel sounds. She is obese. She does have a diffuse tenderness throughout, possibly worse in the left lower quadrant and the right upper quadrant. There is no [REDACTED]

(Cont. next pg.)

000002

11/16/98

(Cont.)

rebound or guarding. No masses or organomegaly.

Urinalysis done today was WNL.

IMPRESSION: Abdominal Pain associated with Constipation, Polyuria, Polydypsia, and Elevated Creatinine, etiology unclear at this time.

PLAN: Results of her renal bladder ultrasound were reviewed. These were normal. Bloodwork done today for repeat BUN Creatinine. Will also check Glucose, ESR, ANA as well as electrolytes. This pt. has no insurance. Further treatment pending the above test results.

M.D.

Date 11/20/98 Age 22 Wt.
T P BP Meds
Nurse - 120/86

HX: Pt is 22 yr old comes to office today for f/u of renal failure, she was recently DX with Nephrogenic Diabetes Insip. with acute renal failure secondary to some herbal OTC preparations, she was discharge from the hospital 2 days ago and continue to have some polydypsia but feels that her polyuria has improved. There areno new complaints.

PX: Exam is benign, she has no further flank pain or abdominal pain, her UA today is normal, blood work done today for BUN and creatinine and will also check her ESR this was elevated in the past, further treatment and evaluationn pending above, results.

11/23/98

Bun 30
Creat 2.4
ESR 49

} as -

1 month

LAB REPORTS

PATIENT NAME: [REDACTED]

CHART NO. [REDACTED]

TEL: [REDACTED]

DATE: 11/11/98

TIME [REDACTED]

MD/P. [REDACTED]

ALLERGIES _____

Tech. Init.

GLUCOSE mg/dl _____

GLYCOHEMOGLOBIN %HbA1c _____

HEMOGLOBIN g/dl _____

HEMATOCRIT % _____

THROAT CULTURE Grp A, B-Hemolytic Strep. +/- _____

URINE- LABSTIX

Tech. _____

pH 5, 6, 6.5, 7, 7.5, 8, 8.5

PROTEIN neg., trace, 30 +, 100 ++, 300 +++, 2000 ++++

GLUCOSE neg., .1- trace, .25-250 mg, .5-500, 1-1000, 2-2000

KETONES neg., trace 5, small 15, mod. 40, large 80-160

BLOOD neg., tr. or mod. nonhemol., hemol. tr., mod. ++, large +++

URINE - MULTISTIX

Tech. [REDACTED]

LEUCOCYTES

neg., trace, small +, mod. ++, large +++

NITRITE

neg., pos.

UROBILINOGEN

normal 0.2, 1, 2, 4, 8

PROTEIN

neg., trace, 30 +, 100 ++, 300 +++, 2000 ++++

pH

5, 6, 6.5, 7, 7.5, 8, 8.5

BLOOD

neg., tr. small or mod. nonhemol., hemol. tr., small+, mod. ++, large +++

SPEC. GRAVITY

1.010

KETONE

neg., trace 5, small 15, mod. 40, large 80-160

BILIRUBIN

neg., small +, mod. ++, large +++

GLUCOSE

neg., .1- trace, .25-250 mg, .5-500, 1-1000, 2-2000

STOOL FOR OCCULT BLOOD + x _____

Tech. _____

MedWatch #13202

2/4,5/99

JAH

Ex* 1 pg 4 of 16

000004

Laboratory Report

Patient Name

Patient ID

Accession No

Age / Date of Birth

Sex

Date Collected

Time Collected

Requesting Physician / Remarks / Patient Telephone No

Fast Sp

Total Volume

Date Received

Date Reported

Report Status

Page

PT #

N

11/12/98

11/12/98

FINAL

Test

Results

Out of Range

Within Range

Reference Range

Units

CBC W/ DIFF & PLT

WBC	11.3	3.9-11.4	X10X9/L
RBC	4.27	3.80-5.80	X10X12/L
HGB	12.6	11.6-17.1	G/DL
HCT	37.9	34.0-50.0	%
MCV	88.6	80.0-96.0	FL
MCH	29.4	26.8-33.2	PG
MCHL	33.2	32.0-36.0	G/DL
RDW CV	13.1	11.0-15.0	%
NEUTROPHILS %	75.4	38.0-80.0	%
NEUTROPHILS ABS.	8.52	1.65-8.50	X10X9/L
LYMPHOCYTES %	17.6	15.0-49.0	%
LYMPHOCYTES ABS.	1.99	1.00-3.50	X10X9/L
MONOCYTES %	5.7	0.0-13.0	%
MONOCYTES ABS.	0.64	0.04-1.00	X10X9/L
EOSINOPHILS %	0.7	0.0-8.0	%
EOSINOPHILS ABS.	0.08	0.00-0.60	X10X9/L
BASOPHILS %	0.6	0.0-2.0	%
BASOPHILS ABS.	0.07	0.000-0.125	X10X9/L
PLATELET ESTIMATE	NL	NL	
PLATELET COUNT	*	140-400	X10X9/L

* UNABLE TO PROVIDE AN ACCURATE PLATELET COUNT DUE TO PLATELET CLUMPING.

RBC MORPHOLOGY
ESR (WESTERGREN)

NL

*

0-20

MM/HR

* SPECIMEN IS GREATER THAN 24 HOURS OLD, UNABLE TO PERFORM ESK.

UREA NITROGEN
CREATININE (SERUM)
AST (SGOT)
ALT (SGPT)

29

3.1

15

10

6-26

0.5-1.6

0-40

0-55

MG/DL

MG/DL

U/L

U/L

SEX WAS NOT INDICATED ON THE REQUISITION, THEREFORE, ABNORMAL RESULTS HAVE NOT BEEN FLAGGED FOR SEX-SPECIFIC TESTS

Report Received by

11/12/98

o-mail / o-fax

* END OF FINAL REPORT *

Route

Reviewed by

Action

MedWatch #13202
2/4/99 JAH

Ex #1 pg 5 of 16

000005

Name: [REDACTED]
Sex: F Age: 22 YRS DOB: [REDACTED]
MED REC: [REDACTED]
Acc Number: [REDACTED]
Date: 11/13/98 Loc [REDACTED]

Copy To: [REDACTED]
Referring Dr. [REDACTED]
Ordering MD: [REDACTED]

U L T R A S O U N D

US RENAL [REDACTED]

HISTORY: RENAL FAILURE.

Ultrasound examination of the kidneys was performed. The left kidney measures 12.5 cm and the right kidney measures 13.6 cm. Both kidneys are isoechoic with the adjacent liver and spleen. Medical renal disease is not excluded. There is no evidence for hydronephrosis. No renal calculi are demonstrated. There is no evidence for aortic aneurysm.

IMPRESSION:

Bilaterally, there is no evidence for hydronephrosis.

Isoechoic renal parenchyma when compared to the liver. Medical renal disease is not excluded. Correlation with BUN and creatinine is recommended.

Dictated by: [REDACTED] M.D.

14NOV1998
15NOV1998

US BLADDER [REDACTED]

HISTORY: RENAL FAILURE.

Ultrasound examination of the bladder was performed. No bladder wall thickening is demonstrated. There is no post-void residual. Uterus and ovaries appear normal.

IMPRESSION:

Negative ultrasound examination of the bladder.

Dictated by: [REDACTED] M.D.

14NOV1998
15NOV1998

PAGE: 1 * END OF REPORT *

Report Received by [REDACTED] on

11/16/98 o-mail / o-fax

Route _____

Reviewed by _____

Action _____

MedWatch #13202

2/4,5/99 JAH

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000006

LAB REPORTS

PATIENT NAME: [REDACTED] CHART NO: [REDACTED] TEL: [REDACTED]

DATE: 11/16/98 TIME [REDACTED] MD/PA [REDACTED]

ALLERGIES _____

Tech. Init.

GLUCOSE mg/dl _____

GLYCOHEMOGLOBIN %HbA1c _____

HEMOGLOBIN g/dl _____

HEMATOCRIT % _____

THROAT CULTURE Grp A, B-Hemolytic Strep. +/- _____

URINE- LABSTIX Tech. _____

pH 5, 6, 6.5, 7, 7.5, 8, 8.5

PROTEIN - neg., trace, 30 +, 100 ++, 300 +++, 2000 ++++

GLUCOSE neg., .1- trace, .25-250 mg, .5-500, 1-1000, 2-2000

KETONES neg., trace 5, small 15, mod. 40, large 80-160

BLOOD neg., tr. or mod. nonhemol., hemol. tr.+, mod. ++, large +++

URINE - MULTISTIX Tech. [REDACTED]

LEUCOCYTES neg., trace, small +, mod. ++, large +++

NITRITE neg., pos.

UROBILINOGEN normal 0.2, 1, 2, 4, 8

PROTEIN neg., trace, 30 +, 100 ++, 300 +++, 2000 ++++

pH 5, 6, 6.5, 7, 7.5, 8, 8.5

BLOOD neg., tr. small or mod. nonhemol., hemol. tr., small+, mod. ++, large +++

SPEC. GRAVITY 1.015

KETONE neg., trace 5, small 15, mod. 40, large 80-160

BILIRUBIN neg., small +, mod. ++, large +++

GLUCOSE neg., .1- trace, .25-250 mg, .5-500, 1-1000, 2-2000

STOOL FOR OCCULT BLOOD + x _____ Tech. _____

MedWatch #13202
2/4,5/99 JAH

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000007

Laboratory Report

Patient Name

Patient ID

Accession No

Age / Date of Birth

Sex

Date Collected

Time Collected

Requesting Physician / Remarks / Patient Telephone No

Fast Sp

Total Volume

Date Received

Date Reported

Report Status

Page

Test

Results

Out of Range

Within Range

Reference Range

Units

ESR (WESTGREN)

75

0-20

MM/HR

GLUCOSE

82

65-109

MG/DL

* THE FASTING STATUS OF THE PATIENT WAS EITHER NON-FASTING OR WAS NOT INDICATED ON THE REQUISITION. IF THIS SPECIMEN WAS NON-FASTING, USE A REFERENCE RANGE OF 65-125 MG/DL.

UREA NITROGEN

45

8-26

MG/DL

CREATININE (URIN)

4.9

0.3-1.3

MG/DL

SODIUM

142

135-145

MMOL/L

POTASSIUM

5.1

3.5-5.3

MMOL/L

CHLORIDE

108

96-109

MMOL/L

CO2

20

20-31

MMOL/L

ANION GAP

14

3-19

ANTI-NUCLEAR AB W/REFLEX

NEGATIVE

NEGATIVE

ANA (HEP 2)

* END OF FINAL REPORT *

Report Received by _____ on

11-17-98 8-mail / o-fax

Route _____

Reviewed by _____

Action _____

MedWatch #13202

2/4,5/99 JAH

Ex #1/11 of 16

000008

LAB REPORTS

PATIENT NAME: [REDACTED] CHART NO: [REDACTED] TEL: [REDACTED]

DATE: 11/20/98 TIME [REDACTED] MD/PA [REDACTED]

ALLERGIES _____

Tech. Init.

GLUCOSE mg/dl _____

GLYCOHEMOGLOBIN %HbA1c _____

HEMOGLOBIN g/dl _____

HEMATOCRIT % _____

THROAT CULTURE Grp A, B-Hemolytic Strep. +/- _____

URINE-LABSTIX Tech. _____

pH 5, 6, 6.5, 7, 7.5, 8, 8.5

PROTEIN neg., trace, 30 +, 100 ++, 300 +++, 2000 +++++

GLUCOSE neg., .1- trace, .25-250 mg, .5-500, 1-1000, 2-2000

KETONES neg., trace 5, small 15, mod. 40, large 80-160

BLOOD neg., tr. or mod. nonhemol., hemol. tr.+, mod. ++, large +++

URINE - MULTISTIX Tech. [REDACTED]

LEUCOCYTES neg., trace, small +, mod. ++, large +++

NITRITE neg., pos.

UROBILINOGEN normal 0.2, 1, 2, 4, 8

PROTEIN neg., trace, 30 +, 100 ++, 300 +++, 2000 +++++

pH 5, 6, 6.5, 7, 7.5, 8, 8.5

BLOOD neg., tr. small or mod. nonhemol., hemol. (tr), small+, mod. ++, large +++

SPEC. GRAVITY 1.0 20

KETONE neg., trace 5, small 15, mod. 40, large 80-160

BILIRUBIN neg., small +, mod. ++, large +++

GLUCOSE neg., .1- trace, .25-250 mg, .5-500, 1-1000, 2-2000

STOOL FOR OCCULT BLOOD + x _____, - _____ Tech. _____

MedWatch #13202
2/4,5/99 JAH

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000009

Laboratory Report

Patient Name	Patient ID	Accession No	Age / Date of Birth	Sex	Date Collected	Time Collected
					11/20/98	00:00
Requesting Physician / Remarks / Patient Telephone No		Fast Sp	Total Volume	Date Received	Date Reported	Report Status
PT #		N		11/21/98	11/21/98	FINAL
Test	Results		Reference Range	Units		
	Out of Range	Within Range				

ESR (WESTERGREN)	49	0-20	MM/HR
UREA NITROGEN	30	6-26	MG/DL
CREATININE (SERUM)	2.4	0.5-1.3	MG/DL

* END OF FINAL REPORT *

Report Received by on

11-23-98 / mail / o-fax

Route

Reviewed by

Action

Date 12-15-98 Age

Wt.

T

P

BP

Meds

Nurse

Follow up.

Date 12-18-98 Age 22 Wt

T 98.4

P

BP

Meds

Nurse

68

110/80

..X: Pt came because she has found a lump behind her left knee, it does not bother her.

PX: This pt appears to have a small Baker Cyst behind her left knee, there is no redness or tenderness, her calf appears normal. Explained to pt that she most likely she had this for a long time and it has not bothered her, at this point I recommend not workup or treatment however explained to her the risk of rupture and also advised her that if it gets larger or painful to call me and she will be referred to ORtho.

#2- pt is feeling fine she is not using herbs anymore blood test on this pt was done and she was instructed to call Dr on Mon to discuss results.

MedWatch #13202

2/4,5/99 JAH

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000011

Laboratory Report

Patient Name

Patient ID

Accession No

Age / Date of Birth

Sex

Date Collected

Time Collected

Requesting Physician / Remarks / Patient Telephone No

Fast Sp

Total Volume

Date Received

Date Reported

Report Status

Page

Test

Results

Out of Range

Within Range

Reference Range

Units

CBC W/ DIFF & FLT

WBC	8.8	3.9-11.4	X10X9/L
RBC	4.43	3.80-5.10	X10X12/L
HGB	13.3	11.6-15.2	G/DL
HCT	39.0	34.0-45.0	%
MCV	87.9	80.0-96.0	FL
MCH	30.1	26.8-33.2	PG
MCHC	34.2	32.0-36.0	G/DL
RDW CV	13.8	11.0-15.0	%
MPV	11.8	7.5-11.5	FL
NEUTROPHILS %	64.0	38.0-80.0	%
NEUTROPHILS ABS.	5.63	1.70-8.50	X10X9/L
LYMPHOCYTES %	30.0	15.0-49.0	%
LYMPHOCYTES ABS.	2.64	1.10-3.50	X10X9/L
MONOCYTES %	4.3	0.0-13.0	%
MONOCYTES ABS.	0.38	0.04-1.00	X10X9/L
EOSINOPHILS %	1.5	0.0-8.0	%
EOSINOPHILS ABS.	0.13	0.03-0.55	X10X9/L
BASOPHILS %	0.2	0.0-2.0	%
BASOPHILS ABS.	0.02	0.000-0.125	X10X9/L
PLATELET ESTIMATE	NL	NL	
PLATELET COUNT	177	150-400	X10X9/L
RBC MORPHOLOGY	NL		
ESR (WESTERGRN)	51	0-20	MM/HR
AUTOMATED CHEMISTRIES			
GLUCOSE	89	65-109	MG/DL

* THE FASTING STATUS OF THE PATIENT WAS EITHER NON-FASTING OR WAS NOT INDICATED ON THE REQUISITION. IF THIS SPECIMEN WAS NON-FASTING, USE A REFERENCE RANGE OF 65-125 MG/DL.

UREA NITROGEN	15	6-26	MG/DL
CREATININE (SERUM)	1.3	0.5-1.3	MG/DL
UREA NITROGEN/CREATININE	12	7-23	
SODIUM	139	135-145	MMOL/L
POTASSIUM	4.4	3.5-5.3	MMOL/L
CHLORIDE	107	96-109	MMOL/L
CO2	24	20-31	MMOL/L
ANION GAP	8	3-19	
CALCIUM	9.7	8.6-10.4	MG/DL

MedWatch #13202
2/4,5/99 JAH

Ex#1 p9/5 of 16

Laboratory Report

Patient Name

Patient ID

Accession No

Age / Date of Birth

Sex

Date Collected

Time Collected

F 12/18/98 00:

Requesting Physician / Remarks / Patient Telephone No

Fast Sp

Total Volume

Date Received

Date Reported

Report Status

Page

N

12/19/98 12/19/98 FINAL

Test

Results

Out of Range

Within Range

Reference Range

Units

PHOSPHORUS	3.2	2.2-4.6	MG/DL
ALK PHOS, TOTAL	85	30-110	U/L
AST (SGOT)	11	0-30	U/L
ALT (SGPT)	12	0-34	U/L
GGTP	35	0-55	U/L
BILIRUBIN, TOTAL	0.3	0.2-1.2	MG/DL
PROTEIN, TOTAL	7.8	6.2-8.2	G/DL
ALBUMIN	4.2	3.5-5.0	G/DL
GLOBULIN	3.6	2.1-3.8	G/DL
A/G RATIO	1.2	1.0-1.9	
LDH, TOTAL	117	85-220	U/L
URIC ACID	6.6	2.0-7.5	MG/DL
CHOLESTEROL	229	120-199	MG/DL
TRIGLYCERIDES	334	40-199	MG/DL

* THE TRIGLYCERIDES REFERENCE RANGE IS VALID FOR A 12-HOUR FASTING SPECIMEN.

IRON 60 30-150 MCG/DL

* END OF FINAL REPORT *

Report Received by [redacted] on

12/21/98 mail / o-fax

Route [redacted]

Reviewed by [redacted]

Action [redacted]

MedWatch #13202

2/4,5/99 JAH

Ex # 199160f16

000013